



Prevention of falls and fall injuries in the older adult

<https://iha.andornot.com/permalink/library6798>

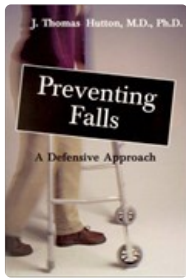
Author: [Registered Nurses Association of Ontario](#)
Place: Toronto ON
Publisher: RNAO
Pub Date: 2005, 2011
Physical Description: 57 p.
Online book
Format: Website
Subject: [Accidental Falls](#)
[Accident Prevention](#)
[Aged](#)
[Geriatric Nursing](#)
[Risk Management](#)
[Practice Guideline](#)
Notes: Published in 2005 with a 2011 supplement available.
Link: <http://mao.ca/bpg/guidelines/prevention-falls-and-fall-injuries>
Location: Online



First step : fall prevention starts with you: a booklet for Penticton seniors

<https://iha.andornot.com/permalink/library7086>

Author: [Interior Health. Okanagan Health Service Area](#)
Place: Penticton
Publisher: Interior Health
Pub Date: 2003
Physical Description: 27 p.
Format: Book
Subject: [Accidental Falls](#)
[Accident Prevention](#)
[Aged](#)
Call No.: WT_104 I617 2003
Location: RIH Library
Loan Policy: 21 days



Preventing falls: a defensive approach

<https://iha.andornot.com/permalink/library12618>

Author: [Hutton, J. Thomas](#)
Place: Amherst, NY
Publisher: Prometheus Books
Pub Date: 2000
Physical Description: 115 p. : ill.
Format: Book
Subject: [Accident Prevention](#)
[Accidental Falls](#)
[Aged](#)
[Parkinson's disease-Complications](#)

Notes: Includes bibliographical references.
ISBN: 1573927619
Call No.: WT 104 H984 2000
Location: RIH Library
Loan Policy: 21 days



Otago exercise programme to prevent falls in older adults: A home-based, individually tailored strength and balance retraining programme

<https://iha.andornot.com/permalink/library13988>

Corporate Author: [Otago Medical School](#)
Place: Otago, New Zealand
Publisher: University of Otago
Pub Date: 2003
Physical Description: 69 p. : ill.
Format: Book
Subject: [Falls \(accidents\) in old age --Prevention](#)
[Exercise for the aged](#)
[Accident Prevention](#)
[Accidental falls in old age](#)

Series: Falls Prevention Program
Notes: The manual describes the practical implementation of a strength and balance retraining programme which, is a series of randomised and controlled trials, has been shown to reduce falls by over a third.
ISBN: 0-478-25194-7
Call No.: WT 104 O87 2003
Location: RIH Library
Loan Policy: 21 days