



## The mind of the leader: How to lead yourself, your people, and your organization for extraordinary results

<https://iha.andornot.com/permalink/library20634>

Author: [Hougaard, Rasmus](#)  
[Carter, Jacqueline](#)

Place: Boston MA

Publisher: Harvard Business Review Press

Pub Date: 2018

Physical Description: viii, 238 p. : ill.

Format: Book

Subject: [Leadership](#)  
[Mindfulness](#)  
[Compassion](#)  
[Selflessness \(Psychology\)](#)

Notes: Includes bibliographical references and index

ISBN: 9781633693425

Call No.: HD 57.7 H838 2018

Location: KGH Library

Loan Policy: 21 days



## One second ahead: enhance your performance at work with mindfulness

<https://iha.andornot.com/permalink/library19069>

Author: [Hougaard, Rasmus](#)  
[Carter, Jacqueline](#)  
[Coutts, Gillian](#)

Place: Hampshire UK

Publisher: Palgrave Macmillan

Pub Date: 2016

Physical Description: xvi, 234 p. : ill.

Format: Book

Subject: [Work Performance](#)  
[Mindfulness](#)

Notes: Includes bibliographical references and index.

ISBN: 9781137551900

Call No.: BF 632 H838 2016

Location: RIH Library

Loan Policy: 21 days