

## Being mortal: medicine and what matters in the end

<https://iha.andornot.com/permalink/library18188>

Author: [Gawande, Atul](#)  
Place: New York NY  
Publisher: Doubleday Canada  
Pub Date: 2014  
Physical Description: 282 p.  
Format: Book  
Subject: [Terminal Care](#)  
[Palliative Care](#)  
[Quality of Life](#)  
[Ethics, Medical](#)  
[Interesting Reads](#)

**Abstract:** Medicine has triumphed in modern times, transforming birth, injury, and infectious disease from harrowing to manageable. But in the inevitable condition of aging and death, the goals of medicine seem too frequently to run counter to the interest of the human spirit. Nursing homes, preoccupied with safety, pin patients into railed beds and wheelchairs. Hospitals isolate the dying, checking for vital signs long after the goals of cure have become moot. Doctors, committed to extending life, continue to carry out devastating procedures that in the end extend suffering. Gawande, a practicing surgeon, addresses his profession's ultimate limitation, arguing that quality of life is the desired goal for patients and families. Gawande offers examples of freer, more socially fulfilling models for assisting the infirm and dependent elderly, and he explores the varieties of hospice care to demonstrate that a person's last weeks or months may be rich and dignified.

**Notes:** Includes bibliographical references.

**ISBN:** 9780385677004

**Call No.:** WB 130 G284 2014

**Location:** RIH Library  
VJH Library

**Loan Policy:** 21 days



## Being mortal: medicine and what matters in the end

<https://iha.andornot.com/permalink/library20787>

Author: [Gawande, Atul](#)

Place: Toronto ON

Publisher: Anchor Canada

Pub Date: 2014

Physical Description: 282 p.

Format: Book

Subject: [Terminal Care](#)  
[Palliative Care](#)  
[Quality of Life](#)  
[Ethics, Medical](#)  
[Interesting Reads](#)

Abstract: Medicine has triumphed in modern times, transforming birth, injury, and infectious disease from harrowing to manageable. But in the inevitable condition of aging and death, the goals of medicine seem too frequently to run counter to the interest of the human spirit. Nursing homes, preoccupied with safety, pin patients into railed beds and wheelchairs. Hospitals isolate the dying, checking for vital signs long after the goals of cure have become moot. Doctors, committed to extending life, continue to carry out devastating procedures that in the end extend suffering. Gawande, a practicing surgeon, addresses his profession's ultimate limitation, arguing that quality of life is the desired goal for patients and families. Gawande offers examples of freer, more socially fulfilling models for assisting the infirm and dependent elderly, and he explores the varieties of hospice care to demonstrate that a person's last weeks or months may be rich and dignified.

Notes: Includes bibliographical references.

ISBN: 9780385677028

Call No.: WB 130 G284 2014

Location: RIH Library

Loan Policy: 21 days



## **B is for balance: 12 steps toward a more balanced life at home and at work**

<https://iha.andornot.com/permalink/library18769>

Author: [Weinstein, Sharon M](#)  
Edition: 2nd ed.  
Place: Indianapolis IN  
Publisher: Sigma Theta Tau International  
Pub Date: 2015  
Physical Description: xxi, 311 p. : ill.  
Format: Book  
Subject: [Nurses](#)  
[Burnout, Professional](#)  
[Nurse's Role](#)  
[Quality of Life](#)  
[Workload](#)  
[Wellness](#)  
Notes: Includes index.  
ISBN: 9781938835841  
Call No.: WY 87 W423 2015  
Location: KGH Library Wellness  
Loan Policy: 21 days



## **Compassion fatigue and burnout in nursing: enhancing professional quality of life**

<https://iha.andornot.com/permalink/library22327>

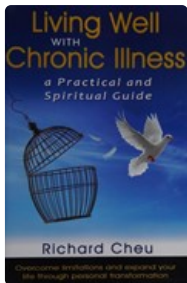
Author: [Todaro-Franceschi, Vidette](#)  
Publisher: Springer  
Pub Date: 2013  
Physical Description: Online book  
Format: E-book  
Subject: [Philosophy, Nursing](#)  
[Empathy](#)  
[Burnout, Professional](#)  
[Quality of Life](#)  
Notes: EBSCO eBook Nursing Collection  
Link: <http://search.ebscohost.com/login.aspx?direct=true&authtype=ip,uid&custid=s8941554&profile=ehost&db=nlebk&scope=site&AN=485649>  
ISBN: 9780826109781  
Location: Online



## Life happens: living a healthy life despite a chronic illness

<https://iha.andornot.com/permalink/library18675>

Author: [Brisebois, Nathalie](#)  
Place: Bloomington IN  
Publisher: iUniverse  
Pub Date: 2013  
Physical Description: xiii, 98 p.  
Format: Book  
Subject: [Chronic Disease](#)  
[Quality of Life](#)  
[Wellness](#)  
Notes: Includes bibliographical references.  
ISBN: 9781475972474  
Call No.: WT 500 B757 2013  
Location: KGH Library Wellness  
Loan Policy: 21 days



## Living well with chronic illness: a practical and spiritual guide

<https://iha.andornot.com/permalink/library18673>

Author: [Cheu, Richard](#)  
Place: Indianapolis IN  
Publisher: Dog Ear  
Pub Date: 2013  
Physical Description: xvii, 218 p.  
Format: Book  
Subject: [Chronic Disease](#)  
[Quality of Life](#)  
[Wellness](#)  
Notes: Includes bibliographical references.  
ISBN: 9781457513435  
Call No.: WT 500 C54 2013  
Location: KGH Library Wellness  
Loan Policy: 21 days



## Nursing case studies on improving health-related quality of life in older adults

<https://iha.andornot.com/permalink/library22634>

Author: Kazer, Meredith Wallace, ed  
Murphy, Kathy, ed

Publisher: Springer

Pub Date: 2015

Physical Description: Online book

Format: E-book

Subject: Geriatric Nursing  
Quality of Life  
Case Reports

Notes: EBSCO eBook Nursing Collection

Link: <http://search.ebscohost.com/login.aspx?direct=true&authtype=ip,uid&custid=s8941554&profile=ehost&db=nlebk&scope=site&AN=981900>

ISBN: 9780826127044

Location: Online



## Nursing case studies on improving health-related quality of life in older adults

<https://iha.andornot.com/permalink/library18332>

Author: Kazer, Meredith Wallace, ed  
Murphy, Kathy, ed

Place: New York NY

Publisher: Springer

Pub Date: 2015

Physical Description: xviii, 444 p. ; pbk.

Format: Book

Subject: Geriatric Nursing  
Quality of Life  
Case Reports

Notes: Includes bibliographical references and index.

ISBN: 9780826127037

Call No.: WY 152 N974 2015

Location: KGH Library

Loan Policy: 21 days



## The palliative approach: a resource for healthcare workers

<https://iha.andornot.com/permalink/library22804>

Author: [Cameron-Taylor, Erica](#)

Publisher: M&K

Pub Date: 2012

Physical Description: Online book

Format: E-book

Subject: [Palliative Care](#)  
[Terminal Care](#)  
[Attitude to Death](#)  
[Quality of Life](#)

Notes: EBSCO eBook Nursing Collection

Link: <http://search.ebscohost.com/login.aspx?direct=true&authtype=ip,uid&custid=s8941554&profile=ehost&db=nlebk&scope=site&AN=507383>

ISBN: 9781907830679

Location: Online