



## Aboriginal journeys in mental health: walking the path together

<https://iha.andornot.com/permalink/library17640>

Corporate Author: [Fraser Health](#)  
Place: Surrey BC  
Publisher: Bear Image Productions  
Mission Indian Friendship Centre Society  
Pub Date: 2005  
Physical Description: 1 DVD (36 min.) ; + 1 discussion guide  
Format: DVD  
Book  
Subject: [Aboriginal peoples](#)  
[Indigenous peoples](#)  
[First Nations](#)  
[Depression](#)  
[Bipolar Disorder](#)  
[Mental Disorders](#)  
[Schizophrenia](#)  
[Complementary Therapies](#)  
[Aboriginal Health Collection](#)

Abstract: Aboriginal Journeys in Mental Health is a new 36-minute documentary featuring Aboriginal people recovering from depression, bipolar disorder and schizophrenia —and related issues such as anxiety, suicide, trauma, and substance use. The DVD honours Aboriginal people sharing their personal experiences with mental illnesses and recovery. The partners involved in this project included Fraser Health Authority's Aboriginal Services, Mission Mental Health, Mission Indian Friendship Centre Society, Stó:lo Nation Health Support Services, and Bear Image Productions. Fraser Health was the primary funder with the BC Partners for Mental Health and Addictions Information providing funding for steering and promotional support. Staff from the Canadian Mental Health Association's BC Division provided input on the BC Partners' behalf.(website)

Call No.: WA 305 A154 2005  
Location: RIH Library  
Loan Policy: 21 days



## The Canadian encyclopedia of natural medicine

<https://iha.andornot.com/permalink/library17582>

Author: [Torkos, Sherry](#)  
Edition: 2nd ed.  
Place: Toronto ON  
Publisher: Collins  
Pub Date: 2013  
Physical Description: xiv, 493 p.  
Format: Book  
Subject: [Naturopathy](#)  
[Homeopathy](#)  
[Complementary Therapies](#)  
Notes: Includes index.  
ISBN: 9781443427876  
Call No.: WB 925 T683 2013  
Location: RIH Library  
Loan Policy: 21 days



## Complementary & alternative therapies in nursing

<https://iha.andornot.com/permalink/library18220>

Author: [Lindquist, Ruth, ed.](#)  
[Snyder, Mariah, ed.](#)  
[Tracy, Mary Fran, ed.](#)  
Edition: 7th ed.  
Place: New York NY  
Publisher: Springer Publ.  
Pub Date: [2014]  
Physical Description: xxvi, 556 p. : ill. ; pbk.  
Format: Book  
Subject: [Complementary Therapies](#)  
[Holistic Nursing](#)  
[Holistic Health](#)  
Notes: Includes bibliographical references and index.  
ISBN: 9780826196125  
Call No.: WB 890 L754 2014  
Location: VJH Library  
Loan Policy: 21 days

## Herbal supplements and the brain: understanding their health benefits and hazards

<https://iha.andornot.com/permalink/library17244>

Author: [Enna, S. J](#)  
[Norton, Stata](#)

Place: Upper Saddle River NJ

Publisher: FT Press

Pub Date: 2012

Physical Description: xviii, 252 p. : ill. ; hardcover

Format: Book

Subject: [Plants, Medicinal](#)  
[Complementary Therapies](#)

Notes: Includes bibliographical references and index.

ISBN: 9780132824972

Call No.: QV 766 E59 2012

Location: KGH Library

Loan Policy: 21 days

## Integrative nutrition 101: anthology of complementary and alternative nutrition papers from Nutrition in clinical practice, 2007-2013

<https://iha.andornot.com/permalink/library17294>

Author: [Mullin, Gerard, ed](#)

Corporate Author: [American Society for Parenteral and Enteral Nutrition](#)

Place: Silver Spring MD

Publisher: American Society for Parenteral and Enteral Nutrition

Pub Date: 2013

Physical Description: xv, 148 p. : ill.

Format: Book

Subject: [Diet Therapy](#)  
[Complementary Therapies](#)  
[Nutrition Disorders](#)  
[Diet](#)

Notes: Includes bibliographical references.

ISBN: 9781889622156

Call No.: WB 400 I61 2013

Location: KGH Library  
RIH Library

Loan Policy: 21 days