



## Acid test: LSD, ecstasy, and the power to heal

<https://iha.andornot.com/permalink/library19662>

Author: [Shroder, Tom](#)  
Place: New York NY  
Publisher: Blue Rider Press  
Pub Date: 2014  
Physical Description: xvii, 426 p.  
Format: Book  
Subject: [Lysergic Acid Diethylamide](#)  
[N-Methyl-3,4-methylenedioxyamphetamine](#)  
[Hallucinogens](#)  
[Stress Disorders, Post-Traumatic](#)  
[Mental Disorders](#)  
[Interesting Reads](#)

Abstract: "A fascinating, transformative look at the therapeutic powers of psychedelic drugs, particularly in the treatment of PTSD, and the past fifty years of scientific, political, and legal controversy they have ignited, by award-winning journalist Tom Shroder"--  
Publisher

Notes: Includes index.

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## How to change your mind: what the new science of psychedelics teaches us about consciousness, dying, addiction, depression, and transcendence

<https://iha.andornot.com/permalink/library20820>

Author: [Pollan, Michael](#)  
Place: New York NY  
Publisher: Penguin Press  
Pub Date: 2018  
Physical Description: xii, 465 p.  
Format: Book  
Subject: [Mental Health](#)  
[Hallucinogens](#)  
[Mentally Ill Persons](#)  
[Psychotherapy](#)  
[Biography](#)

Abstract: When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began an adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. - Website

Notes: Includes bibliographical references and index.

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