



## Foodmatters: you are what you eat

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Format: DVD

Subject: [Environmental sustainability](#)  
[Diet](#)

Abstract: With nutritionally-depleted foods, chemical additives and our tendency to rely upon pharmaceutical drugs to treat what's wrong with our malnourished bodies, it's no wonder that modern society is getting sicker. Food Matters sets about uncovering the trillion dollar worldwide 'sickness industry' and gives people some scientifically verifiable solutions for overcoming illness naturally. (taken from website)

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